

COMPLETE

BY *Juice* PLUS+

CHOCOLATE BAR +

Meal Replacement for Weight Control.

Ingredients:

Soy crisps (isolated **soy** protein, tapioca starch), rice syrup, chocolate (9.1%) (sugar, cocoa mass, cocoa butter, emulsifier (**soy** lecithin)), fructooligosaccharides, **soy** granules, chocolate chips (5.5%) (sugar, cocoa mass, cocoa butter, emulsifier (**soy** lecithin), vanilla flavouring), raisins, flaxseed, sweetened cranberries pieces (cranberries, sugar), isolated **soy** protein, acerola cherry powder, pomegranate powder, pumpkin powder, sweetened cherries pieces (cherries, apple juice concentrate), amaranth, millet, quinoa, broccoli sprout, alfalfa sprout, radish sprout, pea protein, cocoa powder (fat-reduced) (1.1%), vitamin A, vitamin D, vitamin E, niacin, thiamin, riboflavin, vitamin B₆, vitamin B₁₂, folic acid, biotin, pantothenic acid, vitamin K, potassium, calcium, iron, zinc, iodine, copper, magnesium, manganese, selenium, flavourings, sunflower oil, salt, acid (citric acid), vitamin C.

May contain traces of milk, peanuts, nuts and sesame seeds.

This Chocolate Bar is gluten-free.

Made in the Netherlands for:

The Juice Plus+ Company Europe GmbH
CH-4052 Basel, Switzerland

The Juice Plus+ Company GmbH
D-79576 Weil a. Rhein, Germany

1650 g 30 bars x 55g e

SKU 220411050

Nutrition information	Per 100g	Per bar	%RI ^a
Energy	1548 kJ 369 kcal	852 kJ 203 kcal	
Fat	12 g	6.6 g	
of which saturates	4.0 g	2.2 g	
Carbohydrate	34 g	19 g	
of which sugars	23 g	13 g	
Fibre	13 g	7.2 g	
Protein	25 g	14 g	
Salt	0.85 g	0.46 g	
Vitamin A	501 µg	275 µg	34
Vitamin D	2.7 µg	1.5 µg	30
Vitamin E	7.5 mg	4.1 mg	34
Vitamin K	46 µg	25 µg	33
Vitamin C	55 mg	30 mg	38
Thiamine	0.78 mg	0.43 mg	39
Riboflavin	1.1 mg	0.62 mg	44
Niacin	12 mg	6.8 mg	43
Vitamin B ₆	1.1 mg	0.60 mg	43
Folic acid	164 µg	90 µg	45
Vitamin B ₁₂	1.7 µg	0.91 µg	36
Biotin	31 µg	17 µg	34
Pantothenic acid	4.5 mg	2.5 mg	42
Potassium	1022 mg	562 mg	28
Calcium	484 mg	266 mg	33
Phosphorus	675 mg	371 mg	53
Magnesium	229 mg	126 mg	34
Iron	10 mg	5.7 mg	41
Zinc	6.0 mg	3.3 mg	33
Copper	0.65 mg	0.36 mg	36
Manganese	1.2 mg	0.64 mg	32
Selenium	33 µg	18 µg	33
Iodine	90.9 µg	50.0 µg	33

^a RI = Reference Intake

It's Your Life. Make It Complete.

Recommended intake:

Do not replace more than 2 meals per day with Complete.

Please note:

Complete provides the nutritional elements of a whole meal, delivering a balanced mix of carbohydrates, protein and fat, and also contains a useful amount of fibre and micronutrients such as vitamins and minerals. The vegetable proteins have a high biological value.

Complete should be used as part of a calorie controlled diet. Other foods should be included in this diet. It is important to drink enough water when you use Complete. This product is not a replacement for a balanced, varied diet and a healthy lifestyle.

This product is subject to continuous laboratory control.

Bars not to be sold separately.

Store in a dry place at 15–22 °C.

Best before end and lot number: see base.

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